

PERFORMANCE

Processor

AMD Ryzen™ 7 250 (8C / 16T, 3.3 / 5.1GHz, 8MB L2 / 16MB L3)

AI PC Category^[1]

AI PC

NPU

Integrated AMD Ryzen™ AI, up to 16 TOPS

Graphics

Integrated AMD Radeon™ 780M Graphics

Chipset

AMD SoC Platform

Memory

1x 16GB SO-DIMM DDR5-5600

Memory Slots

Two DDR5 SO-DIMM slots, dual-channel capable

Max Memory

Up to 64GB DDR5-5600

Storage

512GB SSD M.2 2242 PCIe® 4.0x4 NVMe® Opal 2.0

Storage Slot

Two M.2 slots

- One M.2 2242 PCIe® 4.0 x4 slot
- One M.2 2280 PCIe® 4.0 x4 slot

Max Storage Support^[2]

Up to two drives, 2x M.2 SSD

- M.2 2242 SSD up to 1TB
- M.2 2280 SSD up to 1TB

Card Reader

No card reader

Audio Chip

High Definition (HD) Audio, Senary SN6147 codec

Speakers

Stereo speakers, 2W x2, Dolby Atmos®, audio by HARMAN

Microphone

2x, Array

Camera

5.0MP with Privacy Shutter

Battery

48Wh

Power Adapter

65W USB-C® (2-pin)

DESIGN

Display^[3]

14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC, 60Hz

Touchscreen

None

Screen-to-Body Ratio

90%

Pen

Pen Not Supported

Keyboard

Backlit, Canadian French

Dimensions (WxDxH)^[4]

313 x 220.3 x 10.1/15.25 (front/rear), 19.7 (maximum) mm;
12.32 x 8.67 x 0.40/0.60 (front/rear), 0.78 (maximum) inches

Weight^[5]

Starting at 1.41 kg (3.11 lbs)

Case Color

Black

Case Material

Aluminium (Top), Aluminium (Bottom)

SOFTWARE

Operating System

Windows® 11 Pro, French / Canadian French / English

Bundled Software

None

CONNECTIVITY

WLAN + Bluetooth^[6]

Realtek® Wi-Fi® 6 RTL8852BE, 802.11ax 2x2 + BT5.3

WWAN

Non-WWAN

SIM Card

None

Ethernet

100/1000M (RJ-45)

NFC

None

Standard Ports

- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 10Gbps / USB 3.2 Gen 2), Always On
- 1x USB-C® (USB 5Gbps / USB 3.2 Gen 1), with USB PD 3.1 and DisplayPort™ 1.4
- 1x USB-C® (USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 1.4a
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)

Docking

Various docking solutions supported via USB-C®.

For more compatible docking solutions, please visit [Docking for ThinkPad® E14 Gen 7 \(AMD\)](#)

SECURITY & PRIVACY

Security Chip

Discrete TPM 2.0 Enabled

Physical Locks

Kensington® Nano Security Slot™, 2.5 x 6 mm

Smart Card Reader

None

Fingerprint Reader

Touch Style, Match-on-Chip, Integrated in Power Button

Other Security

- Camera privacy shutter
- ThinkShield

MANAGEABILITY

System Management

Non-DASH

SERVICE

Base Warranty

1-year, Courier or Carry-in

Included Upgrade

None

ACCESSORIES

Bundled Accessories

None

CERTIFICATIONS

Green Certifications^[7]

- ENERGY STAR® 9.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified, generation 10

Mil-Spec Test

MIL-STD-810H military test passed

Other Certifications

TÜV Rheinland® Low Blue Light (Software Solution)

MODEL

TopSeller : Yes **Announce Date** : 2025-06-26

EAN / UPC / JAN : 198157338500 **End of Support** : 2031-12-13

• Lenovo reserves the right to change specifications without notice.

To see more note information, please access the [web page](#).

Premier Support - A direct 24x7x365 line to our most elite technicians.



Advanced technical support, 24x7x365, in more than 100 markets



Technical Account Managers for proactive relationship and escalation management



Comprehensive hardware & OEM software support



Priority on service delivery and repair parts



Single point of contact for simplified end-to-end case management



Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...

Recommended Services

BEST	3Y Premier Support Plus upgrade from 1Y Courier/Carry-in (5WS1L39180)
BETTER	3Y Premier Support Upgrade from 1Y Courier/Carry-in (5WS0T36151)
GOOD	3Y Onsite upgrade from 1Y Courier/Carry-in (5WS0A23681)

Please click [here](#) to view the full list of accessories.



PSREF
Product Specifications
Reference