

PERFORMANCE

Processor

AMD Ryzen™ 7 PRO 250 (8C / 16T, 3.3 / 5.1GHz, 8MB L2 / 16MB L3)

AI PC Category^[1]

AI PC

NPU

Integrated AMD Ryzen™ AI, up to 16 TOPS

Graphics

Integrated AMD Radeon™ 780M Graphics

Chipset

AMD SoC Platform

Memory

1x 32GB SO-DIMM DDR5-5600

Memory Slots

Two DDR5 SO-DIMM slots, dual-channel capable

Max Memory^[2]

Up to 64GB DDR5-5600

Storage

512GB SSD M.2 2280 PCIe® 4.0x4 NVMe® Opal 2.0

Storage Slot

One M.2 2280 PCIe® 4.0 x4 slot

Max Storage Support^[3]

One drive, up to 2TB M.2 2280 SSD

Card Reader

None

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, optimized with Dolby Atmos®

Microphone

2x, Array

Camera

5.0MP + IR Discrete with Privacy Shutter

Battery

57Wh

Power Adapter

65W USB-C® (2-pin)

DESIGN

Display^[4]

14" WUXGA (1920x1200) IPS 400nits Anti-glare, 45% NTSC, 60Hz, DBEF5

Touchscreen

None

Screen-to-Body Ratio

85.5%

Pen

Pen Not Supported

Keyboard

Backlit, English

Dimensions (WxDxH)^[5]

313.7 x 226 x 11.39/17.31 (front/rear), 22.9 (maximum) mm;
12.35 x 8.90 x 0.45/0.68 (front/rear), 0.90 (maximum) inches

Weight^[6]

Starting at 1.38 kg (3.05 lbs)

Case Color

Black

Case Material

PC-ABS (Top), PC-ABS (Bottom)

SOFTWARE

Operating System

Windows® 11 Pro, English (US) / English (UK)

Bundled Software

Lenovo® AI Now

CONNECTIVITY

WLAN + Bluetooth^[7]

MediaTek Wi-Fi® 7 MT7925, 802.11be 2x2 + BT5.4

WWAN

Non-WWAN

SIM Card

None

Ethernet

100/1000M (RJ-45)

NFC

None

Standard Ports

- 1x USB-A (Hi-Speed USB / USB 2.0)
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 2x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 1.4a
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)

Optional Ports (configured)

None

Docking

Various docking solutions supported via Thunderbolt™ or USB-C®.

For more compatible docking solutions, please visit [Docking for ThinkPad® L14 Gen 6 \(AMD\)](#)

SECURITY & PRIVACY

Security Chip

Discrete TPM 2.0 Enabled

Physical Locks

Kensington® Nano Security Slot™, 2.5 x 6 mm

Smart Card Reader

None

Fingerprint Reader

Touch Style, Match-on-Chip, Integrated in Power Button

Other Security

- Camera privacy shutter
- IR camera for Windows® Hello (facial recognition)
- ThinkShield
- Privacy Guard with Privacy Alert (software solution)

MANAGEABILITY

System Management

DASH

SERVICE

Base Warranty

1-year, Courier or Carry-in

Included Upgrade

None

ACCESSORIES

Bundled Accessories

None

CERTIFICATIONS

Green Certifications^[8]

- ENERGY STAR® 9.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified, generation 10

Mil-Spec Test

MIL-STD-810H military test passed

MODEL

TopSeller	: Yes	Announce Date	: 2025-07-10
EAN / UPC / JAN	: 198158752831	End of Support	: 2032-01-23

· Lenovo reserves the right to change specifications without notice.
· California Electronic Waste Recycling Fee In California, per state law, Lenovo charges an electronic waste recycling fee on this covered device at the time of sale of the product. For more information, go to: <https://www.calrecycle.ca.gov/Electronics/Consumer>

To see more note information, please access the [web page](#).

Premier Support - A direct 24x7x365 line to our most elite technicians.



Advanced technical support, 24x7x365, in more than 100 markets



Technical Account Managers for proactive relationship and escalation management



Comprehensive hardware & OEM software support



Priority on service delivery and repair parts



Single point of contact for simplified end-to-end case management



Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - Protection of your PC from the unexpected.

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - Included with the systems you purchase, default 1- or 3-year coverage window.

Warranty Extensions & Upgrades - Service and protection that's right for your circumstances.

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...

Recommended Services

BEST	3Y Premier Support Plus upgrade from 1Y Courier/Carry-in (5WS1L39383)
BETTER	3Y Premier Support Upgrade from 1Y Courier/Carry-in (5WS0T36154)
GOOD	3Y Onsite upgrade from 1Y Courier/Carry-in (5WS0A14086)

Please click [here](#) to view the full list of accessories.



PSREF
Product Specifications
Reference